Part 1 Being Mortified: A Focus on Growing Up

LESSON PLAN	YEAR LEVEL, CURRICULUM STUDY AREA, THEMES/ TOPICS	DESCRIPTION	EPISODES/CLIPS	WORKSHEETS
1. Introducing Mortified the Series 1.1 Tuning In 1.2 Exploring the First Episode 1.3 What is a Family?	Year Level: Middle Years (5-9) Curriculum Study Areas: English; The Arts (Media); Humanities; Health and Physical Education (Personal Development) Theme/Topic: adolescence; families; self and relationships; genre; change; growth and development; narrative structure; film language; humour and satire; stereotypes	This sequence of learning experiences draws upon <i>Mortified</i> , Episode 1 to introduce the series, central characters and key themes.	Episode 1: Taylor's DNA Clip 1: Knowing who you are Clip 2: DNA Results Clip 3: The Reaction	LP1.2: Worksheet 1: Mortified Scale
2. Belonging 2.1 Mortified and Other Feelings 2.2 My Place in the World 2.3 Big Sister - Big Problem! 2.4 Karma	Year Level: Middle Years (5-9) Curriculum Study Areas: English; The Arts (Media); Humanities; Health and Physical Education (Personal Development) Theme/Topic: adolescence; families; self and relationships; genre; change; growth and development; narrative structure; film language; humour and satire; stereotypes	This sequence of learning experiences draws upon <i>Mortified</i> , Episode 5 to explore what it means to feel mortified, self-acceptance, belonging and relationships.	Episode 5: The Chosen One Clip 4: Expressing Feelings Clip 5: Pay Back	LP2.1: Worksheet 2: Story Ladder
3. Me, Myself and Them 3.1 The Rules of Belonging - How Do I Know? 3.2 I am Myself 3.3 More Rules 3.4 Just Accept It!	Year Level: Middle Years (5-9) Curriculum Study Areas: English; The Arts (Media); Humanities; Health and Physical Education (Personal Development) Theme/Topic: adolescence; families; self and relationships; genre; change; growth and development; narrative structure; film language; humour and satire; stereotypes	This sequence of learning experiences draws upon <i>Mortified</i> , Episode 12 to explore what it means to be true to yourself and belonging.	Episode 12: Being Me Clip 6: Secret Girls Club Clip 7: The Present	LP2.1: Worksheet 2: Story Ladder

4. Change

4.1 Tween-agers

4.2 The 'Talk'

4.3 Relationships – How Can You Tell if Someone Likes You?

4.4 Marking Change

4.5 The Best Thing we have Gained Here is Friends

Year Level: Middle Years (5-9)

Curriculum Study Areas: English; The Arts (Media); Humanities; Health and Physical Education (Personal Development)

Theme/Topic: adolescence; families; self and relationships; genre; change; growth and development; narrative structure; film language; humour and satire; stereotypes

This sequence of learning experiences draws upon *Mortified*, Episodes 6, 12 and 13 to explore aspects of change, including coping with the transition from being a child to a pre-teen, the transition to secondary school, and with changes in friendships.

Episode 6: The Talk Episode 13: Leaving Primary

Clip 8: Hormones Clip 9: Baby Fantasy

Clip 10: The Talk Clip 11: Washing Up

Clip 12: Crushes Clip 13: Being Friends

Clip 14: Memories

Clip 15: Final Day

Clip 16: Things That We Value

LP4.1: Worksheet 3: Growing Up LP4.1: Worksheet 4: Mortified

Storyboard

LP4.4: Worksheet 5: Leaving

Primary School